IMPACT INVITES AYA TO PROGRAMMING

What's new on Tuesdays?

If you plan to visit IMPACT on Tuesdays during the 2017–2018 school year, chances are you'll encounter several new faces. IMPACT has invited Active Youth Academy (AYA) to provide enrichment to their group of young and energetic scholars. Under the director of Mr. Robinson and Mr. Purnell, AYA supports IMPACT by providing several enrichment classes including Creative Arts, Yoga, Taekwondo, Boxing & Active Fitness, and The Real Me.

AYA's program is developed based on research evidence that physical movement promotes higher level thinking. In addition to participating in various learning experiences, students will engage in character building, fitness and life skills. AYA also provides other S.T.E.AM., Active Sports, Specialty Sports and Character Enrichment classes.



AYA appreciates the opportunity to work with IMPACT and looks forward to sharing learning experiences throughout the semester.

MEET THE AYA COACHES $\widehat{\Upsilon}$

The Real Me

From Coach Mack

What will participants learn?

Students will be motivated through creative arts to learn social skill and how to nurture their individual character traits.

What do you enjoy about this teaching experience?

I enjoy the effect of wonder and the outcome of surprise when my team immerses themselves in a group activity, also, individual activities. The highlight is always the shock value of the finished art project and confirmation the team learned the social skill applied to the day's activity. I always know we conquered when each individual team member has a different result which allows them to learn the importance of individuality and the uniqueness of self.

Share more about yourself.

In addition to Active Youth Academy I advocate for families and individuals as a mental health therapist. I provide counseling services, connect families to community resources, as well as introducing different life skills options to a family's tool box of life.

I am also the owner of Peace of Junk LLC where all abstract art and upcycled collectibles are handmade as well as one of a kind.

My educational background is working as a Master's Level Social Worker. I've taught at Clark Atlanta University and Chattahoochee Technical College, advocated for families as a Case Manager at Cobb County Department of Family & Children Services, and mentored children at after school programs through several art mediums. I also worked as a Crisis Mental Health therapist with the White Mountain Apache tribe, on their reservation in Northern Arizona, for one year.



Confident

Introductions



Friendship Tree



The Real Me From Coach Savage

What will participants learn?

Students will learn about self-identity, internet safety, healthy habits and engage in self-esteem building activities.

What do you enjoy about this teaching experience ?

I enjoy providing teams with new experiences and creating bonds that will last a lifetime.

Share more about yourself.

In addition to Active Youth Academy, I am a working actor. I also have a B.A. of Sociology, Social Welfare Concentration.

I enjoy cooking, singing and dancing.



Creative Arts

From Coach Williams

What will participants learn?

Students will learn to tap into their creativity while learning how to focus and be attentive to detail. Students will participate in an array of art activities including DIY, painting, drawing, sculpting and science related projects. We will create fun and practical creations to share with family and friends.

What do you enjoy about this teaching experience?

I appreciate the opportunity to guide and mentor students while allowing them to express themselves through their work in a learning, yet fun environment. To be able to encourage them to positively channel their uniqueness means everything.

Share more about yourself.

In addition to Active Youth Academy I am a songwriter, actress and full-time graduate student. I enjoy traveling domestically and internationally, learning about other cultures, trying new recipes and foods, socializing and making the best of life! I also have a Bachelors of Arts in Art-Concentration Graphic Design.

Greeting and Meditation

What will participants learn?

Students will learn kicks, punches, and blocks.

What do you enjoy about this teaching experience?

I enjoy working with a new group of students who are eager to learn.

Share more about yourself.

In addition to Active Youth Academy, I teach at other schools, train for competitions and live a vegetarian lifestyle. View my site at www.ltaekwondo.org to learn more about my work.





Boxing/Active Fitness From Coach Payano

What will participants learn?

Students will learn boxing techniques and active games.

What do you enjoy about this teaching experience ?

I enjoy the smiles on the kids faces.

Share more about yourself.

In addition to Active Youth Academy, I'm currently a working Actor & Director. I'm also an avid runner and cyclist.

I have obtained a Bachelors of Science: Mechanical Engineering, Masters of Science: Industrial Engineering and Certificate of Completion: Actors Repertory Theatre at The National Conservatory of Dramatic Arts

Yoga

From Coach Meadows

What will participants learn?

Students will learn character affirmations, breathing exercises, team building games, body control, movement and balance.

What do you enjoy about this teaching experience ?

I enjoy the kids most and seeing students comfortably be themselves and make our practice their own.

Share more about yourself.

In addition to Active Youth Academy, I teach kids at the Haygood Child Development Center, as well as Adult classes at LA Fitness.

I enjoy puzzles, cooking, good music, being outdoors and getting lost in a good book.



Exciting things occur at IMPACT!







